

# NIGHTLY NOODLE MONTHLY



SO MANY  
DYSTOPIAS  
SO LITTLE  
TIME.

EVA  
AVE



Resignation  
is anger that  
no longer thinks  
love matters.

Do you even  
have an identity?  
OR IS IT JUST PRINTED  
UPON YOUR BIOLOGICAL  
CANVAS BY THE  
MASTER ARTIST: CULTURE?



This month's Noodle  
consists of:

Marcella Ortega,  
Eva Ave, ☆ ☆ ☆  
Kasia Urbaniak, OTTO D,  
White Eagel - Hopi tribe,  
Christina Kennedy

"The Hopi have always had their fingers on the pulse of the planet. Here is a loving reminder to choose carefully where you place your attention and energy at this time." ~Christina Kennedy, Texas

Message from White Eagle, Hopi indigenous:

"This moment humanity is going through can now be seen as a portal and as a hole. The decision to fall into the hole or go through the portal is up to you.

If you repent of the problem and consume the news 24 hours a day, with little energy, nervous all the time, with pessimism, you will fall into the hole. But if you take this opportunity to look at yourself, rethink life and death, take care of yourself and others, you will cross the portal. Take care of your homes, take care of your body. Connect with your spiritual House.

**DIVIDED  
HIGHWAY  
ENDS**

When you are taking care of yourselves, you are taking care of everything else. Do not lose the spiritual dimension of this crisis; have the eagle aspect from above and see the whole; see more broadly.

There is a social demand in this crisis, but there is also a spiritual demand -- the two go hand in hand. Without the social dimension, we fall into fanaticism. But without the spiritual dimension, we fall into pessimism and lack of meaning. You were prepared to go through this crisis. Take your toolbox and use all the tools available to you.

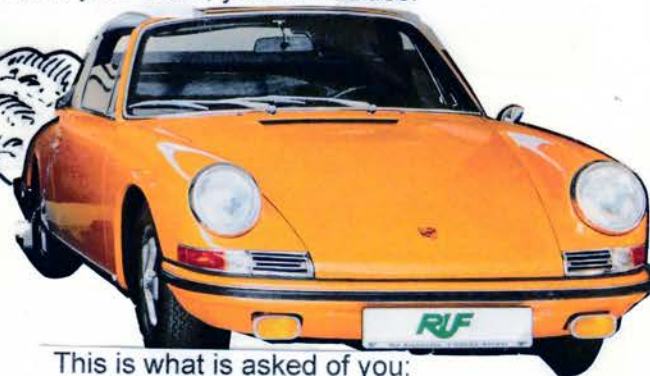
Learn about resistance of the indigenous and African peoples; we have always been, and continue to be, exterminated. But we still haven't stopped singing, dancing, lighting a fire, and having fun.

Don't feel guilty about being happy during this difficult time.

You do not help at all being sad and without energy. You help if good things emanate from the Universe now. It is through joy that one resists. Also, when the storm passes, each of you will be very important in the reconstruction of this new world.

You need to be well and strong. And for that, there is no other way than to maintain a beautiful, happy, and bright vibration. This has nothing to do with alienation.

This is a resistance strategy. In shamanism, there is a rite of passage called the quest for vision. You spend a few days alone in the forest, without water, without food, without protection. When you cross this portal, you get a new vision of the world, because you have faced your fears, your difficulties.



This is what is asked of you:

Allow yourself to take advantage of this time to perform your vision-seeking rituals. What world do you want to build for you? For now, this is what you can do -- serenity in the storm. Calm down, pray every day. Establish a routine to meet the sacred every day.

Good things emanate; what you emanate now is the most important thing. And sing, dance, resist through art, joy, faith, and love."

WE'VE RECOVERED FROM ENVIRONMENTAL NEAR-COLLAPSE BEFORE! & WE CAN DO IT AGAIN

FOR EXEMPLO:

On June 22, 1969, Ohio's Cuyahoga River caught fire so badly, causing \$1M in damages as Cleveland became a major center for manufacturing, that it spurred the American environmental movement. The industrial pollution caused oil-slicked debris to pack into the river and catch fire 14 times. Since then, the river has been extensively cleaned up through the efforts of Cleveland's city government and the state environmental protection agency. In 2019, the American Rivers conservation association named the Cuyahoga "River of the Year" in honor of "50 years of environmental resurgence."

Google any of these to learn more on how to use these at home or on a bigger scale for your community, state or country. To work, these need to actually be implemented.

- ☆ Smog Vacuums
- ☆ Recycled Plastic Roads
- ☆ Solar Cookers
- ☆ Water Saving Nozzles
- ☆ Biodegradable Products
- ☆ Tidal Energy
- ☆ Emission-Free Air Taxis
- ☆ Pollination Drones
- ☆ Electric Vehicles
- ☆ Hydropower
- ☆ Geothermal Energy
- ☆ Reforestation
- ☆ Solar Energy
- ☆ Biomass Fuel

(There's actually a plane that emits water vapor!)



**MAYBE  
WHAT YOUR  
SOIL NEEDS IS  
MORE IRON.**

IS YOUR CULTURAL IDENTITY SHARED BY FOSSIL FUEL? THE COST OF PRESERVING OUR SENSE OF SELF WITHIN THE RULES OF OUR TRIBE CAN LEAVE A BLIND SPOT FOR MAGICAL THINKING, LIKE GODS GONNA SNAP THEIR FINGERS & COOL DOWN THE EARTH OR ELEVATOR THE YOU UP TO THE SKY.



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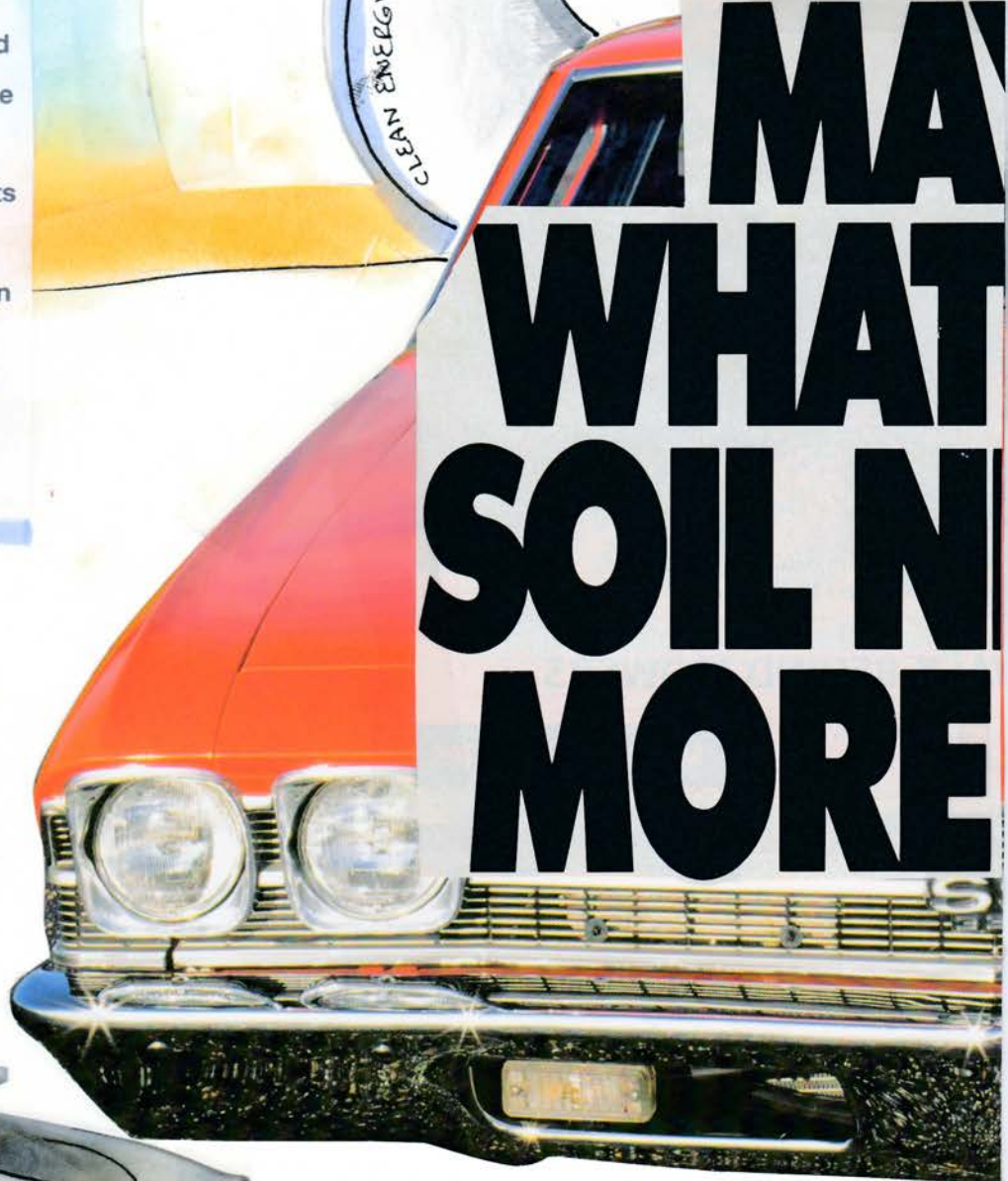
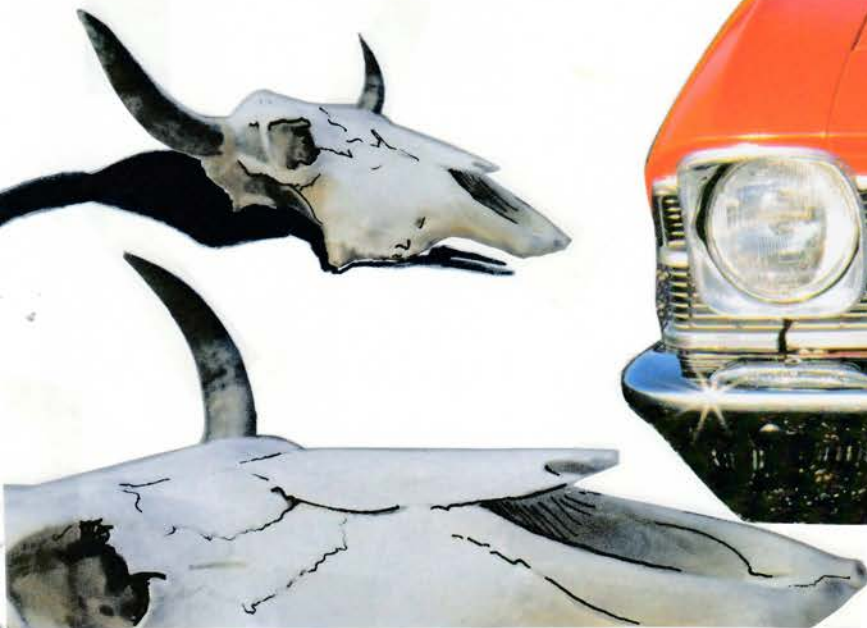
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CLEAN ENERGY INITIATIVES CAN DISRUPT LOCAL OR NATIONAL SENSE



# MA WHAT SOIL N MORE



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By Marcella Ortega, author of *Hobo Vodka*

## Takeaways From My Conversation With A Former Friend/Trump Supporter The Morning After My Miscarriage Which She Knew About But Punished Me With Her Ignorance Anyway.

According to her:

- Avoiding contact with a deadly virus is questionable, and it is imperative that she ensures I also do not avoid the virus.

“What do you think about Covid?” She asked. “What do you mean, what do I think? It’s a virus,” I respond.

- A political debate veiled in an inquiry regarding my virus avoidance is an appropriate conversation for me to engage in the morning after my body expelled my deceased child.

“You know, I just had a miscarriage last night and I really don’t want the stress of this conversation right now. I don’t have it in me to argue about this,” I said.

“I’m not trying to argue,” she said. “I just know you’re really smart and I want to know what you think because I’m really confused.”

- She does not think I’m smart. She thinks citing google.com as a source is smart. This method of substantiating evidence could have saved me hundreds of hours of work in higher education had I only been privy to the research methodologies of Facebook University.

“You need to do your research,” she said.

“Okay, where did you get these statistics?” I asked.

“I don’t know!! Just google!” she yelled.

After the fifth time she told me to “do my research,” I agreed to perform said research while she remained on the phone. As I began citing numbers from the Center of Disease Control, she yelled, “Not that one,” and promptly changed the subject to socialism.

- White people are now marginalized citizens in the United States.

“I feel like people are racist against white people now,” she said.

“Do you know what racism means?” I asked. “Racism is systemic. Prejudice is...” She interrupted to inform me of takeaway no. 5.

- Kyle Rittenhouse is a hero and a victim of racism.

“This sweet kid was trying to help people. He had a medic bag and was cleaning graffiti. Watch the video. You need to do some research,” she said.

“Are you talking about Kyle Rittenhouse?” I asked.

“Yes!!” she yelled.

“Oh my god,” I sighed.

- The Black Lives Matter movement has set fire to cities in Northwest Arkansas.

“It’s not right. What happened to law and order!!!!??? Why should people like you and me be punished? Why should our cities be on fire!?!?” she yelled.

“My city is not on fire,” I said.

- If you preface your racist ideas with the words “I’m not racist but...,” it makes you and your racist statements not racist.

“I’m not racist but we’re just raised differently,” she said regarding Black people. I gasped and she proceeded with what she believes are justifications for the summary executions of George Floyd and Breonna Taylor.

- The success of Oprah, professional athletes, and every other famous person of color is proof that systemic racism does not exist.

“You’re telling me Black people can’t be successful!!!??? Come oooooonnnnnn!!!!” she yelled.

“That’s not logical,” I said. “A small part does not represent a whole. And I never said...” I was then interrupted with the sentence: “Biden is a pervert and wants socialism.”

“Wait. Are we talking about racism or socialism?” I asked.

“I’m talking about socialism!!!” she yelled.

- All non-fascist and non-racist political groups want to take her gun away and she knows far more about what is in my mind than I do.

“Democrats want socialism. And they want to take my gun away,” she said.

“They support regulations. Nobody wants to take your gun away. I don’t want to take your gun way,” I said.

“Yes you do,” she said.

- Being a Latina automatically makes you not racist.

“I know what it’s like,” she said. “People here are racist. When I took my son to the pool, all the white ladies got out after I got in the pool.”

I was not sure how that supported anything she said previously, so I said nothing.

I had no idea the United States was not the greatest country in the world until she enlightened me with this notion she encountered this summer. And now, you all heard it here first.

“It’s common sense!” she yelled shortly after bestowing me with about nine different generalizations about immigrants.

- Immigrants are lazy and government provided healthcare is bad. (She believes this despite being a former Medicaid recipient.)
- Her baby daddy’s career in the fossil fuel industry should supersede my own interests, as well as inform my political ideologies.

“So you just don’t give a fuck about us!!!?”

She yelled.

“I want air to breathe and a planet for my grandchildren to live on,” I responded.

- Not allowing another person to speak is the most effective way to understand what they think.
- She hopes I don’t judge her and that we can stay friends.



The friendship was pronounced dead on Sept. 7, 2020, after 30 minutes of attempting to resuscitate it through facts & logic.

Cause of death: Facebook.



# # VOTING DAY GAME PLAN

KNOW YOUR  
POLLING  
PLACE

WHAT DAY &  
TIME YOU'LL GO

WHO ELSE  
IS COMING?

WRITE DOWN  
WHO YOU CAN  
INVITE TO  
COME  
VOTE, TOO

HOW YOU'LL  
GET THERE:

CAR, CARPOOL, BUS,  
BIKE, ROLLERSKATE,  
SKATEBOARD, WALK,  
MAIL-IN, ETC »

**EARLY  
VOTING  
IS THE WAY TO GO!**  
**HERE'S WHAT  
YOU DO:**

Google the county clerk's office +  
your city - call and ask when you can  
vote early in your state.

For instance, here in Albuquerque, I  
googled the county clerk's office #  
and was told that even tho early voting  
here is officially announced Oct. 17, I  
can go anytime before that to the Clerk's Annex on  
1500 Lomas Blvd and vote early today - it's easy, do it!!

